

Astoria Public Library

Movers & Shakers (Birth – 2 years) 2016

Action rhymes and songs promote language development and skills that lead to reading.

RHYMES THAT HELP TRANSITION FROM BEING ACTIVE TO BEING SETTLED

Jell-o on the plate

(wiggle back and forth on lap as you say this poem)

Jell-o on the plate!
Jell-o on the plate!
Wiggle wobble wiggle wobble
Jell-o on the Plate!

It's Story Time for Me

My ears (point to ears) are ready to hear
My eyes (point to eyes) are ready to see
My hands will (Clap!) then go in my lap.
It's Story Time for me

Row, Row, Row Your Boat

(have your child climb into boat by climbing onto your lap then move arms in rowing motion in time with the song)

Row, row, row your boat,
Gently down the stream.
Merrily, merrily, merrily, merrily,
Life is but a dream.

LAP RHYMES

Roll Your Hands

Roll, roll, roll your hands
As fast as fast can be.
Do it now, let me see
Do it now with me.

Shake, shake, shake your hands
As quickly as can be.
Do it now, let me see
Do it now with me.

Clap, clap, clap your hands
As loud as loud can be.
Do it now, let me see
Do it now with me.

Hug You

Hug you here
Hug you there
Hug you, Hug you everywhere.

Bounce you here
Bounce you there
Bounce you, Bounce you everywhere

Tickle you here
Tickle you there
Tickle you, Tickle you everywhere!

Acka Backa Soda Cracker

Acka backa soda cracker, acka backa boo! (rock child back and forth or bounce on knee)
Acka backa soda cracker, I love you! (hug child)

Acka backa soda cracker, acka backa boo! (rock child back and forth or bounce on knee)
Acka backa soda cracker, up goes you! (lift up child)

Acka backa soda cracker, acka backa boo! (rock child back and forth or bounce on knee)
Acka backa soda cracker, I love you! (hug child)

Creeping Creeping Little Flea

(walk fingers to body parts mentioned)

Creeping, creeping, little flea,
Up my leg and past my knee,
To my tummy, on he goes,
Past my chin, and to my nose.
Now he's creeping, down my chin,
To my tummy, once again,
Down my leg, and past my knee,
To my toe, that little flea. GOTCHA!

Pizza, Pickle, Pumpnickle

Pizza, pickle, pumpnickle (bounce baby on knee)
My little baby shall have a tickle. (tickle baby)
One for his nose (tap nose).
One for his toes (tap toes)
And one for his tummy where the sandwich goes (tickle)

Chin Chopper

Chin Chopper (point to baby's features as you say them)

Brow, brow brinkie;
eye, eye winkie;
cheek, cheek cherry;
mouth, mouth merry;
chin chopper, chin chopper, chin, chin, chin! (Tickle under baby's chin on the last line.)

Crawly Crawly Up the Wally

Crawly crawly crawly up the wally, wally wally (walk fingers up baby's arm)
Watch out little fly, (tap head)
Don't you fally, fally, fally, fally!!! (Tickle fast)

Roundabout Roundabout

Roundabout, roundabout, little wee mousey (swirl your finger around palm of child's hand)
Up the tree, up the tree, (walk fingers up child's arm)
Into the housey! (tickle child's underarm)

Bounce Me

(Bounce your child in your lap to the rhythm)

Bounce me, bounce me on your knees.

Bounce me, bounce me pretty please.

Bounce me, bounce me here...

Bounce me, bounce me everywhere!

(Lean the child) and there... (Lean the other way).

(Lean the child in a big circle)

This is the Way the Ladies Ride

This is the way the ladies ride,
prim, prim, prim

(Bounce gently)

(Bounce gently)

This is the way the gentlemen ride
trim, trim, trim

(Bounce firmly)

(Bounce firmly)

This is the way the farmer rides
trot, trot, trot

(Bounce unevenly)

(Bounce unevenly)

This is the way the hunter rides
a-gallop, a-gallop, a-gallop,

(Bounce quickly)

(Bounce quickly)

STANDING RHYMES

Dance Your Fingers

Dance your fingers high. (wiggle fingers above head)
Dance your fingers low. (wiggle fingers near floor)
Dance your fingers side to side. (wiggle fingers from one side the another)
And dance them all around. (wiggle fingers in a large circle)
Dance them on your shoulders. (wiggle fingers on shoulders)
Dance them on your head. (wiggle fingers on head)
Dance them on your tummy. (wiggle to tickle child on tummy)
Now put them all to bed. (tuck fingers under arm pits)

Apple Tree

Way up high in the apple tree, (reach hands over head)
Two little apples smiled at me. (keep hands over head and make into fists and shake them)
I shook that tree as hard as I could. (wiggle whole body)
Down came the apples, (wiggle fingers down to the floor)
Mmm were they good. (rub tummy)

Here We Go

Here we go up, up, up! (lift child up)
Here we go down, down, down. (lean child down)
Here we go back and forth, back and forth, (swing side to side)
Here we go around and around. (turn in a circle while holding child)

Tick Tock

(Lean child from side to side or swing from side to side as you say the rhyme)
Tick-tock, tick-tock
I'm a little cuckoo clock.
Tick-tock, tick-tock,
Now it's almost three o'clock.
Cuckoo! Cuckoo! Cuckoo! (lift child in the air three times)

Zoom, Zoom, Zoom!

(Swing child back and forth as you stand or walk)
Zoom, zoom, zoom,
We're going to the moon.
If you want to take a trip,
Climb aboard my rocket ship.

Zoom, zoom, zoom,
We're going to the moon.
5,4, 3,2,1 (hold child near floor as you count)
Blast Off! (Lift child in the air)

SONGS THAT PLAY WITH SOUNDS IN WORDS, TEACH NEW WORDS AND SEQUENCING

Head and Shoulders, Knees and Toes

Head and shoulders, knees and toes, knees and toes.
Head and shoulders, knees and toes, knees and toes.
Eyes and ears and mouth and nose.
Head and shoulders, knees and toes, knees and toes.

Twinkle Tinkle Little Star

Twinkle, twinkle little star, (open and close hands with fingers spread wide)
How I wonder what you are. (point to head)
Up above the world so high, (point up)
Like a diamond in the sky. (make diamond with index fingers together and thumbs together)
Twinkle, twinkle little star, (open and close hands with fingers spread wide)
How I wonder what you are. (point to head)

Itsy, Bitsy Spider

The itsy, bitsy spider went up the water spout. (put one thumb on the other, splay fingers and wiggle them up and down, or walk thumbs on index fingers)
Down came the rain and washed the spider out. (reach high and wiggle fingers as you move them down)
Out came the sun and dried up all the rain, (circle hands above head)
And the itsy, bitsy spider went up the spout again. (put one thumb on the other, splay fingers and wiggle them up and down, or walk thumbs on index fingers)

Clean Up Song

Clean up, clean up, everybody everywhere.
Clean up, clean up, everybody do your share.

See our library collection of DVDs, music CDs and Birth – 5 Parent’s Place web site resources for more fun rhymes and songs.

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